

NMAA PRE-SEASON MEETING – SAMPLE AGENDA

The following is a suggested basic outline for a school pre-season meeting(s) intended to meet the NMAA Mandatory Pre-Season Meeting Policy. Schools are encouraged to develop their own agendas, power points, tri-folds, etc. to meet local needs. These meetings are to be held for all coaches, athletes, and parents prior to the first regular season contest. It is suggested that the meeting not exceed 75 minutes.

Major Themes – in order to minimize the occurrence and resolution of issues, please emphasize the following during your meetings:

- **These expectations and obligations must be met to begin and maintain the student-athlete's privilege to participate.**
- **These sports programs are education-based; unique because they are founded upon educational principles and conducted in a school environment.**
- **Establish clear policies and procedures for communication with coaches and administrators**

EAGLE HIGH SCHOOL ATHLETICS - PRE-SEASON MEETING

1. Welcome and Overview (5 minutes)

- Greeting and introduction of administrators
- Purpose of the meeting, topics and timelines

2. General Information - NMAA (DVD provided – 20 minutes)

- Education-based sport experience
- Basic eligibility and coaching guidelines
- Sportsmanship “Compete with Class” (DVD video)
- Concussion Information (DVD video)
- Concussion forms

3. General School/District Information (applicable to all sports – 20 minutes)

- Participation logistics, physicals, insurance, fees
- Athletic Code of Conduct/Substance Abuse Policy
- Communication Guidelines (who, what, when)
- Questions?
- Thank you – dismiss to sport specific meetings

4. Individual Sport Information (specific to each sport/program – 20 minutes)

- Introduction of staff, coaching philosophy
- Informed consent, sport specific inherent risk, etc.
- Team regulations, letter policy, etc. (player handbooks)
- Practice and game schedules, travel, etc.
- Questions?
- Thank you – dismiss for the evening